



## Volunteer Role Description

**Title:** LAT Community Explorer

**Expected Commitment:** Attend regular meetings and training as agreed

**Location:** Cafes and neighbourhood centres in Leicester as agreed

### About Us:

Leicester Ageing Together (LAT) is developing creative ways for people aged over 50 to be actively involved in their local communities, helping to combat social isolation and loneliness.

LAT is working with Vista and Leicester Vaughan College to support our Community Explorers.

### About this role:

Community Explorers explore issues that matter to themselves and their communities, and share their learning with a wider audience.

### Volunteer duties:

- Community Explorers will be supported to develop ideas for learning projects individually and in small groups, and share their ideas in creative ways e.g. by creating posters, films, and poems and through conversations with others at events or in cafes
- Community Explorers will be introduced to ways to keep themselves and each other safe, and to make sure everyone is treated fairly in the project

### Qualities and skills we are looking for:

- Good communication skills – particularly active listening
- Life experience – ideally we'd like our community researchers to be older people themselves – that is aged over 50 years
- Sensitivity and understanding of issues that affect older people
- Willingness to attend meetings and training events - we will reimburse your travel expenses

## Support provided for you:

- Training and advice to support your ideas for change
- Regular meetings with other LAT Community Explorer volunteers
- Support from the LAT Learning Officer and colleagues at Leicester Vaughan College

## We hope that by becoming a volunteer you:

- Enjoy being part of an exciting project aiming to reduce isolation and loneliness in older people in Leicester
- Contribute to learning from the project by sharing your views
- Meet new and interesting people
- Learn new skills that could be helpful for future employment opportunities or further learning
- Have fun!

## Next steps

Complete a Community Explorers application form and monitoring form – or contact [hello@leicesteraeingtogether.org.uk](mailto:hello@leicesteraeingtogether.org.uk) or call **0116 249 8850** and ask for more information on our Community Explorers project.