

Leicester *Vaughan College*

*A new higher education institution
in an established tradition*

Non-accredited Programme 2018-2019

About Leicester Vaughan College

Leicester Vaughan College (LVC) is a higher education college which delivers evening, part-time and face-to-face courses for adult learners with busy lives. The courses are designed to be supportive of those without the traditional entry qualifications usually required for university-level education. LVC is working towards offering fully-accredited degrees in various forms of counselling and in arts, humanities and social sciences.

LVC is a co-operative community benefit society. Anyone who subscribes to its aims can be a member of the Society. Students are not required to be members. It has no connections with other local higher education institutions.

Location

All courses normally take place at the Leicester Adult Education College, 54 Belvoir Street, Leicester, LE1 6QL.

Our non-accredited programme

Our programme for 2018/19 offers you the chance to develop new skills and knowledge. The courses are taught at levels 3 and 4 for Counselling and level 4 for arts and humanities. Level 4 is the equivalent to the first year of full-time university-level education.

New for 2018-2019

This year we are offering taster and introductory workshop sessions to enable you get a flavour of a course before fully committing yourself. In Summer 2019 we are running a series of courses around the theme 'Preparing Yourself for Uni'.

Please note that most **courses require a minimum of 10 students to run** though some courses may run with fewer students. Course fees are required to be paid in full before the start of the course or workshop to secure a place.

For further information about the courses:

email: study@vaughan.coop

phone: 07422 965 631

website : www.vaughan.coop

Leicester Vaughan College non-accredited programme 2018-2019

Course	Cost	Term	Start Date	No of Sessions
Counselling Courses				
Counselling and Relationship Skills Taster Sessions	Free	Autumn 2018	10 Oct	1
	Free		24 Oct	1
Counselling and Relationship Skills (level 3)	£130	Autumn 2018	7 Nov- 5 Dec	5
Mental Health First Aid	£50	Autumn	13 Oct	1
	£50	Autumn	1 Dec	1
Arts and Humanities Courses				
History of the Book Introductory Workshop (level 4/university level 1)	£35	Autumn 2018	26 Jan	1
History of the Book (level 4/university level 1)	£120	Spring 2019	21 Feb - 28 Mar	6
Learning to Look at Art Introductory Workshops (level 4/university level 1)	£35 each	Autumn 2018	13 Oct	1
			7 Nov	1
			1 Dec	1
Learning to Look at Art Follow-on Sessions (level 4/university level 1)	£120	Spring 2019	20 Feb - 27 Mar	6
Learning to Read Poetry Workshop	£35	Autumn 2018	13 Oct	1

Leicester Vaughan College non-accredited programme 2018-2019

Course	Cost	Term	Start Date	No of Sessions
Sciences				
An Introduction to Astronomy and Space Science Workshop	£40	Spring 2019	26 Jan	1
An Introduction to Astronomy and Space Science	£120	Spring 2019	20 Feb - 27 Mar	6
'Preparing yourself for Uni' Courses				
Help! Do I read <i>all</i> this? Efficient note-taking and speed reading	£15	Summer 2019	5 Jun	1
You don't have to write it all at once: Project-managing your essays	£15	Summer 2019	12 Jun	1
What do they mean by that? Understanding assignment feedback	£15	Summer 2019	19 Jun	1
Self-love: Managing your emotions through your degree	£15	Summer 2019	26 Jun	1

Introductory Counselling Courses

Counselling and Relationship Skills

Tutor: Tina Holt

Dates and Times:

This course has two **free** taster sessions – why not come along to see if you would like to do the full course?

Taster sessions: Wednesday 12 October and Wednesday 24 October, 6pm-7pm

Course Sessions

Wednesdays 7 November - 5 December.

Classes run from 6.00pm-8.30pm with a short break in the middle.

		Wednesdays			
2018	Nov	7	14	21	28
		●	●	●	●
	Dec	5			
		●			

Course Cost: £130

Counselling skills help us to communicate effectively and relate better to the people we are talking to, thus enabling us to develop healthier relationships. These skills can be used in all our relationships, whether in our job roles or in our personal lives. Through this course, you will develop an increased awareness of your relationship to ‘self and others’ and understand more about the nature of relationships.

The course will focus upon:

- listening skills
- recognising and understanding verbal and non-verbal communication
- reflection
- questioning skills
- empathy and warmth
- giving and receiving feedback

Please note that a minimum of 10 students are required to run this course.

Mental Health First Aid

Tutor: Becky Talbot

Dates and Times:

This course is offered twice:

13 October 2018 and 1 December 2018

Both run from 10.30am to 3pm, including a break for lunch

Course Cost: £50 which includes a Mental Health First Aid Manual to take away

Course Description

This half-day course consists of an introductory four hour session to raise awareness of mental health.

It is designed to give you:

- An understanding of what mental health is, and how to challenge stigma
- A basic knowledge of some common mental health issues
- An introduction to looking after your own mental health and maintaining wellbeing
- Confidence to support someone in distress or who may be experiencing a mental health issue

Learning takes place through a mix of presentations, group discussions and workshop activities. Becky is a trained instructor and will keep you safe and supported while you learn.

Everyone who completes the course gets a Mental Health First Aid manual to refer to whenever you need it and a certificate of attendance to say you are Mental Health Aware.

Please note that a minimum of 10 students are required to run this course.

The History of the Book

Lead Tutors: Dr Malcolm Noble and Dr Miriam Gill

Introductory Workshop: 26 January, 10am-1pm
with a short break

Follow-on Sessions: 6 Thursdays, 21 February-28
March, 6.30pm-8.30pm

Course Cost: Workshop £35; Workshop plus 6
follow-on sessions £150

		Thursdays			
2019	Feb	7	14	21	28
				●	●
	Mar	7	14	21	28
		●	●	●	●

This team-taught inter-disciplinary course explores the history of the book chronologically and thematically from the development of the bound volume, through manuscripts and their decoration, the invention of printing, the spread of literacy, and the emergence of forms such as the novel. You will gain a basic understanding of bibliography so that you can confidently assess historic books as physical objects. This course will bring together insights from history, literature, religion and art history to give a ‘taste’ of the experience of studying these disciplines at university level.

You can choose to submit a 1500-2000 word essay for which you will receive written feedback.

At the end of this module a typical student should be able to:

- Identify different types of historic book
- Describe and explain how the form, content and use of books have changed over time
- Analyse a printed book as an object, understanding its form and the processes which shaped it, and have the appropriate words to explain this
- Locate the ‘History of the Book’ within its context and consider the future of publishing and the book
- Develop study skills suitable for university-level education

This course is non-accredited but taught at FHEQ level 4/ Higher Education level 1. **A minimum of 10 students are required to run the course.**

Learning to Look at Art

Lead Tutor: Dr Miriam Gill

Support Tutors: Dr Conny Bailey and Dr Ellie Pridgeon

Introductory Workshop Sessions:

1. Saturday 13 October 2018, 10am-1pm: 'Learning to Look at Painting'

This workshop will introduce ways of analysing and understanding painting using significant examples from Western art.

2. Wednesday, 7 November 2018, 6pm-9pm: 'Learning to Look at Architecture'

This evening workshop introduces you to the development of historic architecture in Britain.

3. Saturday, 1 December 2018, 10am-1pm: 'Learning to Look at Sculpture'

This session consists of a walking tour of public sculpture in Leicester and classroom-based discussion.

Follow-on Sessions: 6 Wednesdays, 20 February-27 March, 6.30pm-8.30pm with a short break

Course Cost:

Introductory workshops: £35 each

One introductory workshop plus 6 evening sessions: £150

		Wednesdays			
2019	Feb	6	13	20	27
				●	●
	Mar	6	13	20	27
		●	●	●	●

Course Description

A systematic introduction to the perspectives and 'tools' used by art historians, this team-taught course focuses on important works and individual artists. It aims to 'give a taste' of the experience of studying art history at University level, and is suitable for those who may not have had the opportunity to study this subject before. During the course you will be supported to analyse works of art confidently, understanding the purposes for which they were created, the context in which they were made and the imagery they contain.

Learning to Look at Art (cont.)

You can choose to submit a 1500-2000 word essay for which you will receive written feedback.

By the end of this course, a typical student should be able to:

- Describe different approaches and 'tools' used in the discipline of Art History
- Gain confidence in applying these appropriately to individual works of art
- Explain the variety of contexts in which Art has been created, 'used' and viewed
- Develop study skills suitable for university-level education, including the writing of an optional essay

This course is non-accredited but taught at FHEQ level 4/ Higher Education level 1. **Please note that a minimum of 10 students are required to run this course.**

Learning to Read Poetry

Tutor: Professor Bill Jones

Introductory Workshop: Saturday 13 October 2018, 10am-1pm

Course Cost: £35

Course Description

This workshop introduces you to different kinds of poems and how to read them. The session will develop your understanding of poetic meter, analyse the use of allusion and imagery and, importantly, help you to find reading poetry an enjoyable experience. This will be poetry like you never experienced it at school!

Please note that a minimum of 10 students are required to run this course.

An Introduction to Astronomy and Space Science

Lead Tutor: Dr Gabby Provan

Introductory Workshop Session:

Saturday 26 January 2019, 10am-1pm

Follow-on Sessions: 6 Wednesdays,
20 February-27 March, 6.30pm-8.30pm with a
short break

		Wednesdays			
2019	Feb	6	13	20	27
				●	●
	Mar	6	13	20	27
		●	●	●	●

Course Cost:

Introductory workshop: £35

Introductory workshop plus 6 evening sessions: £150

Course Description

This course, led by an expert astrophysicist who has worked on Earth, Jupiter and Saturn, will teach you to look at the sky in a new way. It will tell you about the ways that ancient astronomers first looked at the skies – including the names and discoveries we got from Babylonian and Islamic astronomers. It will show you how telescopes work, and we hope to be able to give you a tour of an observatory. You'll also get to see an actual aurora, and have a night sky view in a pop-up planetarium. We'll take you right up to date by telling you about the latest in the hunt for planets around other stars.

By the time you've completed this course you will know:

- Why, how and when people first started looking at the night sky
- Different ways we investigate planets in our solar system . . . and in other solar systems
- How the planets in our solar system are different from each other
- How magnetic fields work, and what auroras look like!

Please note that a minimum of 10 students are required to run this course.

‘Preparing yourself for Uni’

A series of sessions aimed at those about to begin their journey in higher education but will also be helpful for current students who may need further support during their studies. The sessions on 5, 12 and 19 of June are aimed at those studying arts, humanities and social sciences. You can choose which sessions you attend. The session on the 26 June will be of relevance to any student. **Each session requires a minimum number of 10 students to run.**

Dates: Wednesdays, 5, 12, 19 and 26 June,
6.30pm-8.00pm

2019	Wednesdays				
	June	5	12	19	26
	●	●	●	●	

Course Cost: £15 per session or £55 for all four sessions.

5 June: Help! Do I read *all* this? Efficient note-taking and speed reading

A beginner’s guide to the secrets behind reading academic texts: it will help you to read academic texts more efficiently and give you tips in producing clear, useful notes which are targeted at the topic you are focussing on.

12 June: You don’t have to write it *all* at once: Project managing your essays

Planning essays is important for reducing workload and stress. Focusing on writing essays, this session provides you with ways in which you can break your essay into manageable parts and understand your own working preferences.

19 June: What do they mean by that? Understanding assessment criteria and feedback

Develop your understanding of assessment criteria in this session on assignment feedback. It will help you to demystify the terms used by your tutors in their comments on your work and give you tips on how to use your feedback to improve your grades.

26 June: Self-love: Managing your emotions through your degree

Learn strategies for self-care and well-being while coping with a new environment at university. The session covers managing anxiety experienced as a result of unfamiliar situations or new people, and coping with stress around your early assignments.

Meet our tutors

The non-accredited programme is delivered by tutors who teach and research at university level. LVC's tutors have considerable expertise in teaching adults, many having taught at the former Vaughan College and in the Vaughan Centre for Lifelong Learning at the University of Leicester.

Dr Conny Bailey: BA (Leicester), MA (Leicester) and PhD (Leicester)

Conny has been teaching art history to mature students for several years. She was a mature student herself and gained a Certificate in Art History at the former Vaughan College. Having caught the 'learning bug' she studied art history at BA, MA and PhD levels at the University of Leicester before becoming a tutor for the Vaughan Centre for Lifelong Learning on the Certificate and BA in Humanities and Arts. She also teaches at Attenborough Arts. Conny brings an innovative teaching style to the study of art history.

Dr Lucy Faire: BA (York), MA (Leicester), PhD (Leicester)

Lucy has been teaching social history to mature students in the Vaughan Centre and at the former Vaughan College since 2002. She has been both a tutor and course director for the part-time BA in Humanities and Arts, the Certificate in Humanities and Arts and the Certificate in Modern British History. She was also a tutor for the MA in Urban History in the Centre for Urban History at the University of Leicester and has been an Associate Lecturer for the Open University's MA in History since 2009.

Dr Miriam Gill: BA (Oxon), PhD (Courtauld Institute), FSA

Miriam has taught art history and history to mature students over a period of 20 years in a wide variety of institutions including Morley College, London, and for the universities of Birmingham, Nottingham, Oxford and Cambridge. She has worked for the Vaughan Centre and at the former Vaughan College since 1998. She was the course director for the HE Certificates in Art History and Architectural History and has been a tutor for the part-time HE Certificate and BA in Humanities and Arts. She also teaches at the Attenborough Arts Centre. She is a Fellow of the Society of Antiquaries of London.

Staff (cont.)

Tina Holt: BA (Leicester), FHEA, BACP member

Tina has been practising as a counsellor since 2007 and is also a lecturer in counselling at the Vaughan Centre for Lifelong Learning. She is a registered member of the British Association for Counselling and Psychotherapy (Accredited) and a Fellow of the Higher Education Academy. She has a BA Hons in Professional Counselling and a Higher Education Diploma in Counselling, both from the University of Leicester.

Professor Bill Jones: BA (Southampton), PhD (Southampton)

Bill has taught English literature to mature students over many years, including for the Universities of Southampton and Newcastle. He has also been the head of Higher Education for the National Institute of Adult Continuing Education (NIACE, now called the Learning and Work Institute). His particular interest is English literature of the eighteenth century and has published a definitive edition of the poetical works of William Falconer. He has worked for the Vaughan Centre and at the former Vaughan College for many years as a tutor for the part-time HE Certificate and BA in Humanities and Arts. He is currently Honorary Professor of Lifelong Learning at the University of Leicester and is a fellow of the Higher Education Academy.

Dr Malcolm Noble: BA (Leicester), MA (Leicester), PhD (Edinburgh)

Malcolm has been teaching history to adults since 2009. He has worked for the University of Leicester, in the Vaughan Centre and at the former Vaughan College, as a tutor for the part-time BA in Humanities and Arts, and the HE Certificates in Humanities and Arts and in Modern British History. He has also taught in the History Departments at Leicester and Edinburgh and has been a specialist mentor to students with learning differences. He is a Fellow of the Higher Education Academy.

Dr Ellie Pridgeon: BA (Bristol), MA (Bristol), PhD (Leicester), Arch Dip (Aberystwyth), FSA

Ellie has been teaching history of art and architecture to mature students for eighteen years at universities including Bristol, Cambridge and Oxford. She has also worked for the Vaughan Centre for Lifelong Learning and at the

Teaching Staff (cont.)

former Vaughan College since 2002, on the part-time HE Certificates in Art History, Architecture, Humanities and Arts and the BA in Humanities and Arts. Ellie is a professional archivist, and is director of an archives consultancy firm and her work has included time at St Paul's Cathedral (London) and for the Science Museum. She is a Fellow of the Society of Antiquaries of London.

Dr Gabby Provan: BSc (Leicester), PhD (Leicester)

Gabby was born in Stavanger, Norway, and grew up in Norway and London. She did a degree in physics with astrophysics at the University of Leicester. This was followed by a PhD looking at Earth's space weather and how the weather in space depends on the interaction between the Earth's and the Sun's magnetic fields. She is currently employed as a researcher studying magnetic fields and planetary auroras around the gas giants, in particular looking at the data from the Cassini and the Juno spacecraft. Outside of work she enjoys enthusing about her science to a wide audience, and has both a mobile planetarium and a planeterrella to play with.

Becky Talbot: BSc (Leicester), BACP member

Becky is a qualified and experienced trainer, counsellor and coach with a passion for improving the wellbeing of individuals and organisations. She has over 15 years' experience of providing mental wellbeing and other training for a range of organisations. She also works for the University of Leicester as their Senior Mental Wellbeing Facilitator and Coach. She has a wealth of personal and professional experiences that allow her to bring learning to life. She enjoys bringing passion, creativity and humour to her Mental Health First Aid training sessions.

Leicester Vaughan College Community Benefit Society

Become a Member

Anyone who is 16 and above can be a member of the Society, providing they subscribe to its aims ('objects'). You do not have to be a worker or student of our College to join: just someone who cares about accessible university-level adult education in Leicester and the surrounding county and region. Students and staff are not required to be members. The cost of membership is £1.

We aim to:

- provide university-level education [Higher Education] to those over 18 in Leicester and beyond
- offer education which is centred on fully-accredited face-to-face, part-time learning and is open to anyone who can benefit from it professionally, personally or intellectually
- continue and expand the Vaughan tradition of providing adult learners in Leicester with high quality university-level education, which is compatible with the requirements of working and personal lives
- develop courses which reflect local needs, and our local and economic context
- build, through the values and ethics of co-operation, an institution which prioritizes education over profit

We support:

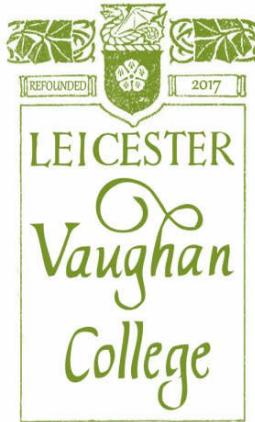
- the provision of education and opportunities for a broad range of students from diverse communities
- an equitable and sustainable working context for adult educators and all who work and learn as part of the College
- an alternative and sustainable model of Higher Education focused on the needs of students, staff and the wider community delivered through co-operation

For a membership form:

Email us at: contact@vaughan.coop

Phone us on: 07422 965 631

Or write to us at our registered address (see the back page of this brochure).



This brochure was published in June 2018. Leicester Vaughan College has endeavoured to ensure that the contents of this brochure and the accompanying online information are correct and complete at the time of publishing. Please note that there may be times when it is necessary to make adjustments to parts of the LVC programme or, in exceptional circumstances it may be necessary for LVC to cancel a course for example, due to teaching staff being unavailable or insufficient numbers signing up to a course. LVC will undertake to inform you of such changes that are made as soon as possible to minimise any resulting inconvenience or disruption that might occur for you. In such cases of full course cancellation, you will be fully-reimbursed any fees you have paid.

CO-OPERATIVES UK



Leicester Vaughan College Ltd
c/o Leicester Adult Education College
54 Belvoir St, Leicester LE1 6QL
07422 965 631
Contact@vaughan.coop
www.vaughan.coop

Registered with the FCA as a Community Benefit Society No. 7622
Co-ops UK Membership No. M045624